

# WHAT YOU NEED TO KNOW ABOUT

## Florence Nightingale



### Early Life

Florence was born in 1820 into a well-connected British family. She travelled widely in her youth, developing her literary skills. In 1851 she received her medical training at the Institution of Kaiserswerth on the Rhine.



### Famous Audit

In 1854 Nightingale and her nursing team arrived in the Crimea and rapidly identified problems at Scutari Barracks. Care was reported using polar-area diagrams and key changes reduced mortality from 40% to 2%.



### Notes on Nursing

*Notes on Nursing* was published in 1859. The 76 page volume was intended to provide hints and tips to nurses but rapidly became viewed as a document of best practice written at a time when care was variable.



### Later Career

In 1855 the Nightingale Fund was set up to train nurses and this received considerable donations. This led to the establishment of the Nightingale Training School at St. Thomas' Hospital in 1860 with the first nurses graduating and caring for patients in 1865.



### Awards

Nightingale proved herself a distinguished statistician and became the first female member of the Royal Statistical Society in 1858. She was the first woman to receive the order of Merit in 1907 and was granted Freedom of London in 1908.



### Famous Quotes

Nightingale is famous for many quotes including: 'the first requirement of a hospital is that it should do the sick no harm', 'to understand God's thoughts we must study statistics' and 'I attribute my success to this - I never gave or took an excuse'.